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# Introduction to Tensor Calculus and Continuum Mechanics

# INTRODUCTION TO TENSOR CALCULUS AND CONTINUUM MECHANICS

## PART 1: INTRODUCTION TO TENSOR CALCULUS

§1.1 INDEX NOTATION . . . . .	1
Exercise 1.1 . . . . .	28
§1.2 TENSOR CONCEPTS AND TRANSFORMATIONS . . . . .	35
Exercise 1.2 . . . . .	54
§1.3 SPECIAL TENSORS . . . . .	65
Exercise 1.3 . . . . .	108
Exercise 1.4 . . . . .	123
<b>DIFFERENTIAL GEOMETRY AND RELATIVITY . . . . .</b>	<b>129</b>
Exercise 1.5 . . . . .	162
<b>2: INTRODUCTION TO CONTINUUM MECHANICS</b>	
<b>TENSOR NOTATION FOR VECTOR QUANTITIES . . . . .</b>	<b>171</b>
Exercise 2.1 . . . . .	182
<b>DYNAMICS . . . . .</b>	<b>272</b>
<b>2.5 CONTINUUM MECHANICS (FLUIDS) . . . . .</b>	<b>282</b>
Exercise 2.5 . . . . .	317
<b>2.6 ELECTRIC AND MAGNETIC FIELDS . . . . .</b>	<b>325</b>
Exercise 2.6 . . . . .	347
<b>BIBLIOGRAPHY . . . . .</b>	<b>352</b>
<b>APPENDIX A UNITS OF MEASUREMENT . . . . .</b>	<b>353</b>
<b>APPENDIX B CHRISTOFFEL SYMBOLS OF SECOND KIND . . . . .</b>	<b>355</b>
<b>APPENDIX C VECTOR IDENTITIES . . . . .</b>	<b>362</b>
<b>INDEX . . . . .</b>	<b>363</b>

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